

# Yemeni Community Association in Sandwell Limited

## Timetable of Activities from January 2019\*



<u>Time</u>	<u>Class/Activity</u>	<u>Location</u>	<u>Group</u>
<b>Monday</b>			
09:00-13:00	Women's Gym Session	YCA	Female Only
10:00-12:00	Let's Talk English	YCA	Mixed
10:00-17:00	Advice & Guidance/Drop-in Surgery	YCA	Mixed
13:00-17:00	Men's Gym Session	YCA	Male Only
17:00-20:00	Women's Gym Session**	YCA	Female Only
18:00-20:00	Tahfidh (Quran) Class	YCA	Mixed (7+ Years)
<b>Tuesday</b>			
09:00-13:00	Women's Gym Session	YCA	Female Only
10:00-12:30	Elderly Women's Extend Exercise	YCA	Female Only
10:00-13:00	Elderly Women's Advice & Guidance	YCA	Female Only
12:30-13:30	Elderly Women's Luncheon Club	YCA	Female Only
13:00-17:00	Advice & Guidance/Drop-in Surgery	YCA	Mixed
13:00-17:00	Men's Gym Session	YCA	Male Only
17:00-20:00	Men's Gym Session**	YCA	Male Only
18:00-20:00	English & Maths Tuition	YCA	Mixed (Yr. 5,6,10,11)
<b>Wednesday</b>			
10:00-12:00	ESOL – Speaking and Listening	YCA	Mixed (18+ Years)
10:00-13:00	Women's Gym Session	YCA	Female Only
13:00-17:00	Men's Gym Session	YCA	Male Only
17:00-19:30	Arabic School***	LCC	Mixed (7-15 Years)
<b>Thursday</b>			
09:00-13:00	Men's Gym Session	YCA	Male Only
10:00-12:30	Elderly Men's Extend Exercise	YCA	Male Only
10:00-13:00	Elderly Men's Advice & Guidance	YCA	Male Only
12:30-13:30	Elderly Men's Luncheon Club	YCA	Male Only
13:00-17:00	Advice & Guidance/Drop-in Surgery	YCA	Mixed
13:00-17:00	Women's Gym Session	YCA	Female Only
18:00-20:00	Tahfidh (Quran) Class	YCA	Mixed (7+ Years)
<b>Friday</b>			
09:00-11:00	Women's Gym Session	YCA	Female Only
10:30-13:30	Advice & Guidance/Drop-in Surgery	YCA	Mixed
12:00-14:00	Friday Prayer (Jumuah) **	YCA	Mixed
14:00-17:00	Men's Gym Session	YCA	Male Only
17:00-20:00	Youth Club	YCA	Males (11 -18 Years)
<b>Saturday</b>			
10:00-13:30	Arabic School***	LCC	Mixed (7-15 Years)
13:00-17:00	Men's Social Group	YCA	Male Only
<b>Sunday</b>			
14:00-16:00	Youth Club	YCA	Females (8-18 Years)

\* Please note that the YCA timetable and activities are subject to change

\*\* Please call YCA to confirm availability or times

\*\*\* Lodge Community Centre, Lodge Road, West Bromwich, B70 8PJ