



# Understanding the needs of Muslim Patients

## A One Day Training Workshop

### Wednesday 23<sup>rd</sup> Nov 2011

#### PROGRAMME

10:00 Registration, Welcome, Scene Setting & Group Activity

10:15 Basic Beliefs and General Care Issues

- *Muslims in UK*
- *Islamic Beliefs (Sources of Guidance, Priorities, Perception of Health, Illness & Death, Festivals etc.)*
- *Hygiene, Dress Code, Gender sensitivities, Visitors*
- *Halal, Haram and key Guidelines*
- *Daily Prayers and Fasting in Ramadhan*
- *Visuals - practical demonstration of Salah (the daily prayers) of a patient*
- *Visuals on Hajj (Pilgrimage)*

**11:45 Break**

12:00 Specific Care Issues:

- *Beginning of Life: Contraception, Abortion, Birth, Breastfeeding, IVF etc*

**13:00 Lunch**

13:45 Specific Care Issues continued...:

- *End of Life Issues: Death, Caring for the Deceased, Grieving & Bereavement, Euthanasia, Post-Mortem, Organ Donations, Wills etc.*

Mental Health (in brief):

- *Islam and Mental Health*
- *Muslims' Perception of Psychiatric Illness*
- *The Evil Eye, Jinn, Spirit Possession and mental illness/ill-health*

14:30 Group Exercise / Workshops

15:15 Feedback & Q/A

**15:30 Evaluation & Close**